



APPLICATION OF A POTENTIAL SUPERVISOR in the recruitment process of doctoral students and participants and/or TUTOR/SCIENTIFIC TUTOR of the extramural/external mode (“mode E”) at SWPS University

<p>Name and surname of the supervisor</p>	<p>Ewa Gruszczyńska</p>
<p>Name of the research center/research group/artistic group to which the supervisor belongs</p>	<p>Health & Coping Research Group Centrum badań nad zdrowiem i radzeniem sobie</p>
<p>List of the most important scientific publications, completed and ongoing research grants; link to ORCID and/or to the ResearchGate / Academia.edu profile (or other website presenting scientific/artistic achievements)</p>	<ol style="list-style-type: none"> 1. Rzeszutek, M., Gruszczyńska, E., Grabowska, M., & Malinowska, P. (2026). Social support exchange and relationship satisfaction among couples living with HIV: Actor–partner effects of provided and received emotional support. <i>International Journal of Clinical and Health Psychology</i>, 26(1), Article 100665. https://doi.org/10.1016/j.ijchp.2026.100665 2. Basinska, B. A., Schaufeli, W., & Gruszczyńska, E. (2025). Burnout, work-related daily negative affect and rumination: a mediation model combining an intensive and longitudinal design. <i>Anxiety, stress, and coping</i>, 38(5), 544–557. https://doi.org/10.1080/10615806.2025.2471325 3. Rzeszutek, M., Czerwonka, M., Stasiak, A., Drabarek, K., Van Hoy, A., Pięta-Lendzion, M., & Gruszczyńska, E. (2025). Stability of subjective well-being during the economic crisis: A four-wave latent transition analysis in a national sample of Poles. <i>Applied psychology. Health and well-being</i>, 17(1), e12595. https://doi.org/10.1111/aphw.12595 4. Gruszczyńska, E., & Rzeszutek, M. (2023). HIV/AIDS stigma accumulation among people living with HIV: A role of general and relative minority status. <i>Scientific reports</i>, 13(1), 10709. https://doi.org/10.1038/s41598-023-37948-7 5. Gruszczyńska, E., & Rzeszutek, M. (2020). Affective well-being, rumination, and positive reappraisal among people living with HIV: A measurement-burst diary study. <i>Applied Psychology: Health and Well-Being</i>, 12(3), 587–609. https://doi.org/10.1111/aphw.12198 6. Basinska, B. A., & Gruszczyńska, E. (2020). Burnout as a State: Random-Intercept Cross-Lagged Relationship Between Exhaustion and Disengagement in a 10-Day Study. <i>Psychology Research and Behavior Management</i>, 13, 267–278. https://doi.org/10.2147/PRBM.S244397 7. Gruszczyńska, E. & Rzeszutek, M. (2019). Trajectories of Health-Related Quality of Life and Perceived Social Support Among People Living With HIV Undergoing Antiretroviral Treatment: Does Gender Matter? <i>Frontiers in Psychology</i>, 10, 1664. https://doi.org/10.3389/fpsyg.2019.01664 8. Rzeszutek, M., & Gruszczyńska, E. (2018). Paradoxical effect of social support among people living with HIV: A diary study investigating the buffering role of relationship status. <i>Journal of Psychosomatic Research</i>, 109, 25–31. https://doi.org/10.1016/j.jpsychores.2018.03.006

	<p>9. Rzeszutek, M., & Gruszczyńska, E. (2018). Posttraumatic growth among people living with HIV: A systematic review. <i>Journal of Psychosomatic Research</i>, 114, 81–91. https://doi.org/10.1016/j.jpsychores.2018.09.006</p> <p>10. Gruszczyńska, E., Knoll, N. (2015). Meaning-focused coping, pain, and affect: a diary study of hospitalized women with rheumatoid arthritis. <i>Quality of Life Research</i>, 24, 2873-2883, https://doi.org/10.1007/s11136-015-1031-6</p> <p>Currently conducted research projects: NCN, 2020/39/G/HS6/02216, BEETHOVEN CLASSIC 4 <i>PROSPECT: Providing Social Support and Health: Conditions and Temporal Dynamics</i> Consortium of SWPS University and Medical School Berlin, Germany PI in Medical School Berlin: prof. Lisa Marie Warner Time frame: 2022-2026 – plan przedłużenia do maja 2027</p> <p>NCN, 2023/51/B/HS6/00332 <i>Dyadic support exchange, affective well-being and HIV/AIDS stigma: A daily diary study among intimate couples of people living with HIV</i> Consortium of SWPS University and University of Warsaw PI in University of Warsaw: prof Marcin Rzeszutek Time frame: 2024-2027.</p> <p>https://scholar.google.pl/citations?user=te3GywcAAA&hl=pl</p>	
<p>Discipline for a future doctoral dissertation (possible: sociology, political and administrative sciences, culture and religion sciences, literary studies, psychology, fine arts and art conservation)</p>	<p>psychology</p>	
<p>A brief description of the research directions pursued by the supervisor (a few sentences describing the scientific/artistic specialization; main research problems; scientific interests) and a possible link to the website/research team</p>	<p>My area of expertise is health psychology, with a particular emphasis on stress coping and, more recently, on social support exchange. I conduct research in naturalistic settings, leveraging opportunities afforded by emerging technologies. I have extensive experience in designing and implementing longitudinal and intensive longitudinal studies, including diary studies and Ecological Momentary Assessment protocols. I am also committed to exploring and applying advanced statistical models that appropriately reflect the hierarchical and dynamic structure of such data.</p>	
<p>Thematic areas of planned doctoral dissertations</p>	<p>Daily dynamics of coping with stress in the context of hedonic and eudaimonic well-being</p> <p>The provision of social support on a daily basis and its effects on the support provider</p> <p>Coping with stress and burnout</p> <p>I am also open to topics within my expertise, particularly those relating to specific clinical samples dealing with chronic somatic health conditions (rheumatoid arthritis, HIV/AIDS, endometriosis, etc.).</p>	
	<p>to the Doctoral School (doctoral scholarship</p>	<p>Number: 1</p>

Number of people that the supervisor / scientific supervisor would be able to accept as a result of recruitment in the academic year 2026/2027:	financed by SWPS University)	
	for national and international research projects or grants (doctoral scholarship financed from grant funds)	Number: Project name:
	to the Industrial Doctorate program (doctoral scholarship financed by the Ministry of Science and Higher Education)	Number:
	for external mode (no doctoral scholarship)	Number: 1
Number of currently conducted doctorates:	in Doctoral School	Number: 0
	in external mode	Number: 0
The number of doctoral students promoted so far , along with the year of completing their doctoral degrees:	1 as supervisor (2024), 1 as co-supervisor (2016, with distinction)	
RECRUITMENT Candidates should contact their selected potential supervisors who are members of centers and/or research teams		
Conditions to be met by the candidate in the field of: scientific interests; scientific competences; achievements to date; knowledge of foreign languages; social competences; availability, etc.	<ul style="list-style-type: none"> • Interest in health psychology, demonstrated by knowledge of current trends in the field of a potential PhD thesis • Interest in hierarchical, dyadic, and DSEM models (practical skills in using Mplus and R would be a strong asset) • Strong self-management in acquiring new knowledge and skills, as well as solving problems • Reasonable flexibility in working hours • At least B2 level in English is a must • A track record of: <ul style="list-style-type: none"> (1) Scientific publications and conference presentations (2) Experience working in research projects, especially in conducting longitudinal research in natural settings and/or clinical samples, would be an additional asset 	
Preferences regarding contact with the candidate during recruitment	<input checked="" type="checkbox"/> E-mail contact: please provide e-mail address: egruszczynska@swps.edu.pl <input type="checkbox"/> Telephone contact: <i>please provide phone number:</i> _____ <input checked="" type="checkbox"/> Personal meetings (<i>by prior arrangement by e-mail/telephone</i>) <input type="checkbox"/> All forms of contact	
Preferred dates, times and location (in the period March-June 2026) in order to conduct an interview with the candidate	<p>The date for the meeting should be agreed upon at least 7 days in advance, with a preference for an in-person meeting at SWPS University. If that is not possible, an online meeting should be considered as a second option.</p> <p>Due to my position as vice-rector at SWPS University, I am unable to provide precise dates of (un)availability in advance. However, in instances where these periods are short, they should not significantly affect the recruitment process. In cases where they are more extended, scheduling an online meeting remains a viable option.</p>	

Information about possible absence preventing candidates from contacting a potential supervisor (with dates)

Due to frequent travel, exact dates should be arranged via email.